

MIRAGE TART



2 DOUBLE-TURNS PUFF PASTRY

Salt	6g
Mineral water	•
European-style butter	65g
All-purpose flour	220g
White vinegar	2g
Beurre manié	310g

Dissolve the salt in the cold water.

Use the paddle attachment in the mixer to combine the European-style butter and flour until they form into crumbs. **Add** the water and salt mixture.

Mix quickly for a few moments.

It is vital you don't mix for too long as this will toughen the dough.

Take the dough out of the mixer and form it into a rectangular shape twice as long as the beurre manié. **Cover up** the dough and store at 35°F (2°C) for approx. 6 hours.

* Optional: It's important to use vinegar if you are storing your dough for a longer period in the refrigerator or freezer. **Place** the beurre manié on the détrempe and give it two double turns, with 6-hour rest period between each one at 35°F (2°C).

BEURRE MANIÉ FOR "2 DOUBLE-TURNS PUFF PASTRY"

European-style butter	220g
Pastry flour	90a

Use the paddle attachment in a food processor to mix the European-style butter and flour.

Beat them until they are fully combined.

Turn out the beurre manié and shape it into a rectangle. **Cover up** the dough and store it in the refrigerator at 35°F (2°C) for approx. 6 hours.

CLASSIC VIENNESE SPONGE

Egg yolks	30g
Whole eggs	
Sugar	
Egg whites	
Sugar	
Pastry flour	•

Beat the yolks, whole eggs and the larger portion of sugar in a mixer.

Separately, **beat** the whites and add the smaller portion of sugar.

Mix the stiffened whites with the other mixture and finally add the sifted flour.

Weigh the sponge and spread it evenly onto a silicone sheet.

ORANGE BLOSSOM STEEPING SYRUP

Mineral water	150g
Sugar	40g
NOROHY orange blossom water	10g

Bring the water and sugar to a boil. Leave to cool. Then, **add** the orange blossom water.

Store in the refrigerator.

ORANGE BLOSSOM DIPLOMAT CREAM

UHT whole milk	540g
Whole eggs	100g
Sugar	
Cornstarch	50g
SOSA gelatin powder 220 Bloom	6g
Water for the gelatin	
NOROHY orange blossom water	
Heavy cream 36%	160g

Bring the milk to a boil and combine with the eggs, sugar and cornstarch mixture. Bring this new mixture to a boil. **Add** the rehydrated gelatin. Cool down quickly.

Beat the pastry cream until smooth and add the orange blossom water before finally incorporating the whipped cream. **Use** immediately.

ABSOLU CRISTAL NEUTRAL SPRAY GLAZE

Absolu Cristal neutral glaze1	80g
Mineral water	20g

Bring the Absolu Cristal neutral glaze to a boil in water. Immediately **apply** using a spray gun at approx. 175°F (80°C).



MIRAGE TART

SOSA slivered blanched almonds	As needed
NOROHY Organic Madagascan	
Vanilla Bean Powder	As needed
Mirabelle plums	1300g

Make the puff pastry.

Make the sponge, spread 600g into each 40×60 cm tray and bake at 450°F (230°C) for approx. 6 minutes in a ventilated oven. **Prepare** the steeping syrup.

Roll out the puff pastry to a depth of 2mm, then cut it into 9cm rounds.

Place a puff pastry disk on an upside-down 6cm diameter flared tart mold.

Prick the bases and then place a silicone mat and a tray on top of the puff pastry disks to prevent them from puffing outwards.

Bake at 355°F (180°C) for 40 minutes. Leave to cool.

Cut the sponge into 6cm rounds and steep these in the syrup.

Make the diplomat cream then use a pastry bag fitted with a 10mm nozzle to place 25g in each puff pastry base. **Put** the soaked biscuit disk in place and then pipe another 25g of diplomat cream 2/3mm from the edge. **Wash** the mirabelle plums then slice them in half.

Remove the stones.

Arrange the mirabelle plums evenly on the diplomat cream. **Heat** the Absolu glaze and water then use it to coat the mirabelle plums. Place a few roasted slivered almonds on top and use a sieve to sprinkle the desserts with vanilla powder.



